

# Sisi ni moja

(We are one)

Words and music by  
Jacob Narverud

Moderate tribal groove ♩ = 74

Piano

*8va*

*f*

*pedal chordally throughout*

Djembe

*f*

*mf*

*mf*

S

*mf full and vibrant*

We all laugh, \_\_\_\_\_ we all cry, -

*mp ad lib.*

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7

S

we all feel hun - ger, we all feel pain.

A

B

9

A

*mf* warm and rich

We all love, we all

*mp* hushed but intense

He - ja, he - ja,

11

We all hope and we all dream.

hate, we all hope, and we all dream.

o he - ja, he - ja, he - ja, o he - ja, he - ja,

13

We are one world, one peo-

We are one world, one peo-

He - ja, he - ja. He - ja, he - ja,

15

- ple. \_\_\_\_\_ And we all breathe \_\_\_\_\_ the same.

- ple. \_\_\_\_\_ And we all breathe \_\_\_\_\_ the same.

he - ja, — o he - ja. — He - ja, — he - ja, —

17

*mp* A tribe of man - y lan - gua-ges, —

*mp* A

he - ja, — o he - ja. — *p* Hmm \_\_\_\_\_

19 *mf* fight - ing for peace a-mong the land.

*mf* group of man - y heart - aches, fight - ing for peace a-mong the land.

*mp* Hmm

*mf*

*mp*

21 *f* **B** He - ja, he - ja, si - si ni mo -

*f* He - ja, he - ja, si - si ni mo -

*f* He - ja, he - ja,

*f*

*mf*

23

- ja. — He - ja, he - ja, si - si ni mo-  
 - ja. — He - ja, he - ja, si - si ni mo-  
 o he - ja, he - ja, — he - ja.

25

- ja. — He - ja, he - ja, si - si ni mo-  
 - ja. — He - ja, he - ja, si - si ni mo-  
 He - ja, he - ja, — he - ja,

27

ja. He - ja, he - ja,  
ja. He - ja, he - ja,  
o he - ja, he - ja, he - ja,

29

*easy*  
we are one.  
*easy*  
we are one.  
*easy*  
we are one.  
*easy*

*f*  
*mf*

31

*mf* rich and resonant

Musical score for measures 31-32. The system includes a Bass clef staff (B) with lyrics "We all want," and a grand staff (treble and bass clefs) with piano accompaniment. The piano part features a rhythmic pattern of eighth notes in the right hand and a more complex accompaniment in the left hand. A dynamic marking *mf* is present. A fermata is placed over the final note of the piano part in measure 32.

33

Musical score for measures 33-34. The system includes a Bass clef staff with lyrics "we all need, — we all seek pas-". The piano accompaniment continues with a consistent rhythmic pattern. A dynamic marking *mf* is present in the piano part. A piano (p) marking is present in the bass drum part.

35

*mf*

Musical score for measures 35-36. The system includes a Soprano (S) staff with lyrics "We all" and a Bass (B) staff with lyrics "sion, — we all seek joy. —". The piano accompaniment continues with a consistent rhythmic pattern. A dynamic marking *mf* is present in the piano part.

37

S  
bruise, *mf* we all scar, we all

A  
We all bruise, we all scar,

B  
We all bruise, we all scar,

39

S  
fail, but learn to thrive. *f* We are

A  
we all learn to thrive, *f* We are

B  
we all fail, but learn to thrive.

41 C

one world, one peo - ple. And we  
 one world, one peo - ple. And we  
 He - ja, he - ja, he - ja, o he - ja.

*mf*

*mf*

43

all breathe the same. In the  
 all breathe the same. In the  
 He - ja, he - ja, he - ja, o he - ja.

*mp*

*mp*

45

*hushed but intense*

*mf*

dark - ness of the night and in the glo - ry of the morn - ing we  
*hushed but intense* *mf*

dark - ness of the night and in the glo - ry of the morn - ing we

*p*

Hmm

*mp*

*p*

47

walk a-long the path and find our way.

walk a-long the path and find our way.

*mp*

Hmm

*mf*

*mp*

49 D *f*

He - ja, he - ja, si - si ni mo - ja. —

He - ja, he - ja, si - si ni mo - ja. —

He - ja, he - ja, o he - ja, he - ja, —

*mf*

51

He - ja, he - ja, si - si ni mo - ja. —

He - ja, he - ja, si - si ni mo - ja. —

— he - ja. He - ja, he - ja, —

53

He - ja, he - ja, si - si ni mo - ja. \_\_\_\_\_

He - ja, he - ja, si - si ni mo - ja. \_\_\_\_\_

\_\_\_\_\_ he - ja, o he - ja, he - ja, -

55

He - ja, he - ja, *mf* Now we

He - ja, he - ja, *mf* Now we

\_\_\_\_\_ he - ja, *mf* Now we

57 E

stand here to-gether and lift our hearts in song to the

stand here to-gether and lift our hearts in song to the

stand here to-gether and lift our hearts in song to the

*mf*

*mf* *mf* *mf* *mf*

59

rhy - thm of this mo - ment in our lives:

rhy - thm of this mo - ment in our lives:

rhy - thm of this mo - ment in our lives:

*mf*

*mf* *mf* *mf*

**F** Calm and confident

61 *mp*

He - ja, he - ja, si-si ni mo - ja. He - ja, he - ja, si-si ni mo -

*p* Mm *p* Mm

*p* Mm *p* Mm

**Calm and confident**

*mp legato*

64 *mf*

- ja. He - ja, he - ja, si-si ni mo - ja.

*mp* Mm

*mp* Mm

*mf*

G

67

*mp*

Joyful

*f* *legato*

O he - ja!

He-ja, he-ja, He-ja, he-ja, si-si ni mo-

He-ja, he-ja, He-ja, he-ja, si-si ni mo-

He-ja, he-ja, He-ja, he-ja,

Joyful

*mp*

*f*

*mf*

70

O he - ja!

ja., He-ja, he-ja, si-si ni mo-

ja., He-ja, he-ja, si-si ni mo-

o he-ja, he-ja, he-ja.

72 O he - ja! O he - ja!

ja. He - ja, he - ja, si - si ni mo -

ja. He - ja, he - ja, si - si ni mo -

*ff* He - ja, he - ja, he - ja,

*ff*

*f*

74 He - ja, he - ja.

ja. He - ja, he - ja.

ja. He - ja, he - ja.

o he - ja, he - ja, He - ja, he - ja.

*f*

76 O he - ja, he - ja. he - ja,

He - ja, he - ja. He - ja, he - ja,

He - ja, he - ja. He - ja, he - ja,

O he - ja, he - ja, he - ja,

*f*

*mf*

78 *mf* **molto rall.**

we are one.

*mf*

we are one.

*mf*

we are one.

**molto rall.**

*mf* *f*

*mf* *f*



### About the composer



Jacob Narverud is the Interim Director of Choral Activities at Emporia State University where he directs the A Cappella Choir, Chamber Choir, Emporia Community Chorus, and teaches courses in choral methods and conducting. A native of Meriden, Kansas, Narverud earned degrees from Emporia State University (BM Vocal Performance) and the Conservatory of Music at the University of Missouri-Kansas City (MM Conducting). Narverud is an active guest conductor and clinician and serves as the composer-in-residence with the Allegro Choirs of Kansas City, where he directs 'Spirito' Young Men's Vocal Ensemble. He has performed and conducted extensively in the Kansas City area and has worked as a choir director at Lawrence Free State High School.

To view more titles by Jacob Narverud, visit [www.sbmp.com](http://www.sbmp.com).

### Sisi ni moja

We all laugh, we all cry, we all feel hunger, we all feel pain.  
 We all love, we all hate, we all hope, and we all dream.  
 We are one world, one people. And we all breathe the same.  
 A tribe of many languages, a group of many heartaches,  
 fighting for peace among the land.  
 Heja, heja, sisi ni moja. Heja, heja, we are one.

We all want, we all need, we all seek passion, we all seek joy.  
 We all bruise, we all scar, we all fail, but learn to thrive.  
 We are one world, one people. And we all breathe the same.  
 In the darkness of the night and in the glory of the morning,  
 we walk along the path and find our way.

Now we stand here together and lift our hearts in song  
 to the rhythm of this moment in our lives:  
 Heja, heja, sisi ni moja. Heja, heja, we are one.

#### Pronunciation:

Heja= hey-yah  
 Sisi= see-see  
 Ni= nee  
 Moja= moh-yah

Listen to a recording at [www.sbmp.com](http://www.sbmp.com)